

As we welcome in October, it seems the perfect time to start thinking homely thoughts. October hails the start of autumn; a new season of longer nights and cosy evenings spent staying warm after brisk, windy days (with far too many coats and layers).

As we will undeniably be spending more and more time indoors, now is the opportune moment to give your home a little touch of TLC. Whether it's finally making your bedroom the restful haven it should be, adding warming touches to your living room or getting your kitchen ready for home-cooked winter meals, we have selected our favourite trends and tips to welcome in an autumnal ambience. It's time to make sure home truly is where the heart is...



## autumnal interiors

### METALLIC TREND SETTERS

Autumn may feel dark and dim, but it needn't be so in your home. Metallic tones are predicted to be a key trend for Winter 2014, and we think that they are the perfect way to add bright accents to your bedroom. We love these luxurious bed frames from *And So To Bed*; choose a bronze finish for a traditional feel, or opt for silver to add some shine to a more modern interior.

*above & below: bed from And So To Bed, [www.andstobed.co.uk](http://www.andstobed.co.uk)*

*left: wooden bird ornament in brown, £60; gold table lamp, £270; Christmas star cushion cover, £59; medallion gold cushion cover, £59 - all from Amara, [www.amara.com](http://www.amara.com)*



### SMALL CHANGE, BIG IMPACT

Refreshing your home isn't all about complete overhauls and big spends. Adding just a few accessories here and there can give a little nod towards a cosy, autumnal atmosphere. We love this fake fur throw from H&M - at £49.99 it's cheaper than your average genuine sheepskin, but still adds rustic charm to any living room. See page 44 for even more beautiful accessory ideas from some of our favourite local suppliers.

