

THE BIG *Beauty* COUNTDOWN

If you're a bride-to-be, it's easy to be overwhelmed with beauty experts' tips on what you should and shouldn't be doing when it comes to beautifying for the big day. Our ultimate checklist means less planning or fussing, and more looking forward to celebrating your nuptials (while being at your most radiant). Let the countdown begin!

6 months before...

Thinking of facials? Now is a good time to get in touch with an esthetician (that's a skin professional to you and I) who can give professional advice. Discuss what will get the best results for your skin, and get one booked for at least a week prior to the wedding.

3 months before...

If you have chosen your dress, you can start planning your hair and make-up. Tear out any looks you like from magazines and consider your preferences - for hair, keep in mind length and texture, and whether you're planning on wearing a headpiece or a veil. For make-up, take into consideration the time of day your wedding will be taking place and whether it's outdoors or indoors. Give as much information to your make-up artist as possible - from preferred colours to whether you're after a glamorous or more natural look.

2 months before...

Now you've figured out your look, it's time for a test run! Many couples choose to have engagement photographs professionally taken, so why not use this opportunity to trial out your beauty plans? Check how your make-up translates in photographs and how well your chosen hairstyle lasts. At this stage, you still have plenty of time to keep brainstorming if you're not happy.

2 weeks before...

Planning a haircut? Don't leave it any later than two weeks before. You can always get it trimmed again before the big day, but this will allow for some leeway to make sure it's just how you want it.

1 week before...

In the midst of an organising frenzy, you'll be grateful for your organisation six months ago when you booked that facial. If you

get your eyebrows waxed, tweezed or threaded, now would also be a good time to get them in shape. Kick back, relax and rejuvenate.

1 day before...

A great time to get a manicure and pedicure so you're honeymoon-ready.



The big day...

It's arrived! Make sure you remember to enjoy the day by getting it off to a good start - do whatever relaxes you, such as getting a massage or going for a run before you start prepping.

The last item on the checklist?

Enjoy yourself!



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